



# LEGACY HIGH SCHOOL

BOYS SOCCER FALL 2025



#### 2025 LEGACY BOYS SOCCER COACHING STAFF

Head Coach
TOM MARCIS
Assistant Coach
RYAN OKERSON
Reserve Coach
LOGAN REUSCHLEIN

Keeper Coach
GRANT HEIDRICH
JV2 Gold Coach
MATT JANKOWSKI



## LEGACY TEAM VALUES

- "PLAY HARD, PLAY SMART AND PLAY TOGETHER".
- HARD MEANS WITH EFFORT, DETERMINATION AND COURAGE;
- SMART MEANS WITH PROPER EXECUTION AND POISE,
- TOGETHER MEANS UNSELFISHLY, TRUSTING YOUR TEAMMATES AND DOING EVERYTHING POSSIBLE NOT TO LET THEM DOWN.

### LEGACY TEAMS FOR 2025

- Varsity
- PLAY ALL WDA TEAMS
   TWICE
   (9 TEAM CONFERENCE)
- TOP 4 WDA TEAMS GO TO STATE TOURNAMENT
- SEVERAL BOYS WHO PLAY IN THE VARSITY RESERVE GAME WILL DRESS FOR THE VARSITY GAMES

- Varsity Reserve
- PLAY ALL WDA TEAMS TWICE

- JV2 Vegas Gold
  - Schedule to be set
     Normally games on
     Monday & Friday



### STYLE OF PLAY

- Varsity & Varsity Reserve use the 4-2-3-1 & 4-3-3
- JV2 WILL PLAY 4-4-2
- EMPHASIS ON DEFENSIVE SHAPE
- EMPHASIS ON BALL CONTROL



# 4-2-3-1 FORMATION



# 4-3-3 FORMATION



# 4-4-2 FORMATION

#### 4-4-2 DIAMOND MIDFIELD



### COMPLETED BEFORE FIRST PRACTICE

Physicals – physical form A MUST be completed prior to the first practice. Athletes should go to the doctor as they normally do to get their physical. Upload the form to Arbiter

### COMPLETED BEFORE FIRST PRACTICE

Upload the physical form into Arbitor. Physical may be scanned or by snapping a picture of it and uploading.

#### COMPLETED BEFORE FIRST PRACTICE

FORMS —AS PARENTS REGISTER THEIR STUDENT ATHLETE WITHIN THE SYSTEM YOU WILL GO THROUGH EACH OF THE FORMS (CODE OF CONDUCT, CONCUSSION, AND SANFORD HEALTH FORM) AND FILL IN THE NECESSARY INFORMATION ONLINE.



# COMPLETED AS SOON AS THE SYSTEM IS AVAILABLE

Fees —\$50 activity fee paid online using MyPaymentsPlus

FEES FOR THE 2025 SEASON MAY BE POSTED STARTING AUGUST 4TH

### COMPLETED BEFORE FIRST GAME

- CONCUSSION BASELINE TESTING NEEDS TO BE DONE FOR ALL NEW ATHLETES AT LEGACY AND ALL PARTICIPANTS IN GRADES 9 & 11 FOR ALL SPORTS BEFORE THE DATE OF YOUR FIRST COMPETITION STUDENT-ATHLETES CANNOT PARTICIPATE IN COMPETITION WITHOUT A BASELINE TEST
- STUDENT-ATHLETES WILL NEED TO BRING THEIR SMARTPHONE OR TABLET TO TESTING WITH THE SWAY APP ALREADY DOWNLOADED.



#### COMPLETED BEFORE FIRST GAME

- TESTING CANNOT BE COMPLETED USING A LAPTOP/CHROMEBOOK
- ALL TESTING WILL BE AT LEGACY MATT OESTREICH IS THE NEW HEAD TRAINER AT LEGACY.
- TESTING WILL BE AUGUST 7TH AT 4:15PM
- HTTPS://WWW.SWAYMEDICAL.COM/



#### IMPORTANT INFORMATION

- BPS BULLING POLICY (ON WEBSITE)
- BPS HAZING POLICY (ON WEBSITE)
- BPS DISCRIMINATION AND HARASSMENT POLICY (ON WEBSITE)



#### IMPORTANT INFORMATION

- PRESEASON CAMP
- JULY 28, 29 & 30 5:00-6:30PM
- SANFORD SPORTS COMPLEX



### IMPORTANT INFORMATION

- FIRST WEEK WILL BE USED TO EVALUATE PLAYERS FOR TEAM PLACEMENT
- COACHES WILL LET PLAYERS KNOW TEAM PLACEMENT AND EXPECTATIONS
- MANDATORY 9 PRACTICES BEFORE A PLAYER MAY PLAY IN A GAME.
- FOR A VARSITY LETTER AN ATHLETE MUST A PARTICIPATE IN A VARSITY GAME.

- ATTEND PRACTICE REGULARLY.
- BE READY TO BEGIN PRACTICE ON TIME (DRESSED AND READY TO BEGIN)
- CONTACT COACH BEFORE PRACTICE IF PRACTICE TIME WILL BE MISSED MAY BE BY TEXT, EMAIL OR VOICEMAIL. (THIS INCLUDES CONCERTS, OTHER SPORTS PRACTICES OR ILLNESS)
- COME PROPERLY ATTIRED TO EACH PRACTICE.



- Shin guards, socks, shoes, shirt & shorts
- NOCSAE-APPROVED SHINGUARDS ARE REQUIRED





- BRING WATER PERSONAL BOTTLE TO EVERY PRACTICE AND GAME.
- BE AT THE FIELD AT LEAST 1 HOUR BEFORE VARSITY, VARSITY RESERVE & 45 MINS BEFORE JV2 GAME TIMES.
- Dress for the Weather. No zippers or buttons on \*
  SWEATPANTS. HOODS TUCKED INSIDE OF JERSEY
  DURING GAMES. NO JEWELRY OF ANY KIND.

- WEAR PROPER GAME UNIFORM TO EACH GAME.
- Bring second uniform to each game. Home is Dark uniforms, Away is White
- VARSITY/VARSITY RESERVE PURCHASE BOTH WHITE & BLACK SOCKS, JV2 BLACK SOCKS ONLY.
- WHEN IT IS COLD WEATHER, THEY MAY WEAR UNDER ARMOR TYPE CLOTHING, LONG SLEEVES SHIRTS, SLIDING SHORTS ETC. MUST MATCH THE TEAM, BLACK (HOME) WHITE (AWAY)

- ALL PLAYERS WILL PARTICIPATE IN COMMUNITY SERVICE.
- INFORMATION ON OUR PLANNED

  COMMUNITY SERVICE IS ON THE WEBSITE.

### COACH'S RESPONSIBILITIES

- SET REGULAR PRACTICE TIMES & MAKE SURE THAT IT IS POSTED ON THE LEGACY SOCCER BOYS WEBSITE
- SET A GAME SCHEDULE & MAKE SURE THAT IT IS POSTED ON RSCHOOL
- SUPPORT EACH ATHLETE IN THEIR DEVELOPMENT AS A PLAYER.
- TALK WITH ATHLETE TO DISCUSS TEAM PLACEMENT

### PARENT'S RESPONSIBILITIES

• Support their son both on and off the field.



- MAKE SURE YOUR SON IS AT PRACTICE ON TIME.
- PICK UP YOUR SON PROMPTLY AT THE END OF EACH PRACTICE.
- GO TO LEGACY BOYS SOCCER WEBSITE AND FILL OUT THE CONTACT INFORMATION FORM.

#### **Updates**

#### **Player Information Form**

Posted: 6/30/25 (Mon)

Please Fillout contact form

#### Pictures for all 2024 & 2023 Legacy Soccer

#### teams

Posted: 8/23/23 (Wed)

Check out all the pictures

#### **Signup for SportsYou**

Posted: 7/20/23 (Thu)

Legacy Boys soccer information board

Player/Parent Information Form
tmarcisjr@gmail.com Switch account  Not shared
* Indicates required question
Player Name *
Your answer
Grade level *
Senior
Junior
Sophomore
O 5

Shirt size *
Adult Small
Adult Medium
Adult Large
Adult XL
Adult XXL
Parent/Guardian #1 name *
Your answer
Parent/Guardian #1 email address *
Your answer

#### SIGNUP FOR SPORTSYOU FOR COMMUNICATION





You've been invited to join

#### Legacy

Use your unique access code below and follow the instructions.

#### **Access Code**

#### EU6Q-QU7U

#### Join via Website

#### **New Users**

- From your computer, phone, or tablet, visit sportsyou.com
- 2. Click Get Started and enter your email
- Go to your email and click Confirm Your Email
- 4. Click **Enter Access Code** to enter code, then finish setting up your account

#### Existing Users

- From your computer, phone, or tablet, go to sportsyou.com and log in
- 2. In left column, click Join Team/Group.
- Click Enter Access Code to enter code, then Join Team or Join Group

#### Join via App

#### **New Users**

- On mobile device download sportsYou app from the App Store (iOS) or Google Play Store (Android)
- Open the sportsYou app and tap
   Create Account
- Tap Enter Access Code to enter code, then finish set up

#### **Existing Users**

- 1. On mobile device log in
- 2. In bottom tray, tap Teams/Groups
- 3. Tap blue + button, then tap Join Team/Group
- 4. Enter access code and click Join

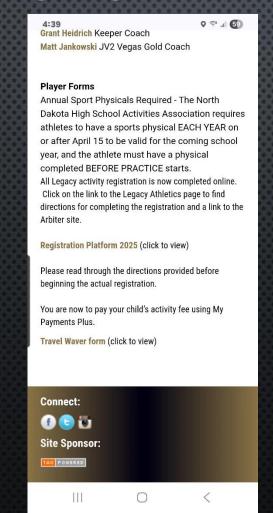






#### TRAVEL WAVER FORM

 THE DISTRICT'S TARVEL WAVER NEEDS TO BE FILLED OUT FOR YOUR ATHLETE TO NOT TRAVEL ON THE BUS HOME





### PROCESS FOR ADDRESSING CONCERNS

- ALL CONCERNS SHOULD FIRST BE ADDRESSED BY THE PLAYER WITH THE COACH
- IF THE PARENT NEEDS TO ADDRESS A CONCERN THEIR SON MUST BE PRESENT
- Playing time is the coach's decision and is based on player performance in practice, it may not be discussed with the coach by the parent alone.

#### PROCESS FOR ADDRESSING CONCERNS

- A PARENT MUST WAIT UNTIL THE DAY AFTER A GAME TO DISCUSS ANY MATTER WITH THE COACH. (24 HOUR RULE)
- PARENTS MAY NOT BE ON THE SIDELINE WITH TEAM AT ANY TIME DURING THE GAME.
- Please review the Legacy Parent/Coach Contact Policy found on the team website.

### TEAM PICTURES

- Uniforms will be handed out August 11<sup>th</sup> starting at 4:45pm
- PLATINUM PHOTOGRAPHY WILL BE TAKING THE TEAM PICTURES ON AUGUST 11TH @ 5PM @ LEGACY
- THE LINK TO THE FORMS IS POSTED ON THE WEBSITE.



#### TEAM COMMUNICATION

# The Legacy Boys Soccer Website

- PRACTICE SCHEDULES
- GAME SCHEDULES
- TOURNAMENTS SCHEDULES

http://lhssabersoccer.net/boys/

https://twitter.com/LHSsabers

#### Twitter

- FASTEST AND MOST UP TO THE MOMENT INFORMATION
- LEGACY BOYS SOCCER HAS A TWITTER ACCOUNT AND A FACEBOOK PAGE

#### SportsYou

 USED BY COACHES & BOOSTERS TO COMMUNICATE WITH PARENTS & PLAYERS

https://www.facebook.com/lhssabersboyssoccer

#### PRACTICE TIMES & FIELDS

- FIRST DAY OF PRACTICE IS AUGUST 4 @ 5:00 PM
- FIRST TWO WEEKS OF PRACTICE WILL BE AT SSC (LEGACY) MAIN FIELD AND GRASS FIELD.
- AUG 4, 5, 6, 7 & 8 5:00-7:00 PM
- AUG 9TH 10:00 AM (GRASS FIELD ONLY)

#### PRACTICE TIMES & FIELDS

- Must have 9 practices before playing in first game
- DUE TO FIELD AVAILABILITY PRACTICE TIMES MAY VARY
- MON, TUE, WED, THU & FRI (SOME SATURDAYS)
- ONCE TEAMS ARE SET PRACTICE TIMES AND LOCATIONS WILL BE POSTED WEEKLY.

#### FIRST GAMES

- FIRST VARSITY GAMES AUGUST 15<sup>TH</sup>
   VS WILLISTON AT WILLISTON
- FIRST VARSITY RESERVE GAME AUGUST 15<sup>TH</sup>
   VS WILLISTON AT WILLISTON
- FIRST JV2 GAME NOT YET SET



#### GAME FILM ON HUDE

- Every Varsity game will be filmed and streamed
- Varsity Reserve games will be streamed when possible
- We will be filming some JV2 games
- Hudl will break down stats on varsity games \*
- Players and teams will be able to watch game film on a WIFI devise.

#### FAN GEAR

- LINK TO ORDER FAN GEAR.
- THE ONLINE STORE IS NOW OPEN FROM JULY 14TH JULY 30TH AT MIDNIGHT.
- HTTPS://LEGACYBOYSSOCCER2025.ITEMORDER.COM/S
   HOP/HOME/

### GAME FIELDS

- THE COMMUNITY BOWL. PARK IN THE NORTH PARKING LOT THERE WILL BE AN ENTRANCE FEE TO ANY GAMES PLAYED AT THE MAIN BOWL FIELD OR THE WEST BAVENDICK FIELD.
- SANFORD SPORTS COMPEX (SSC AT LEGACY) THERE
   WILL BE AN ENTRANCE FEE TO ANY GAMES PLAYED
- COTTONWOOD PARK (NO FEE)
- ENTER BY THE THIRD PARKING LOT ENTRANCE

#### RAFFLE TICKET BLAST

- RAFFLE TICKETS ARE OUR BIGGEST MONEY MAKER OF THE YEAR AND SUPPORTS ALL OF OUR PLAYERS.
- SATURDAY AUGUST 9<sup>TH</sup> AT 11:00AM FOLLOWING PRACTICE.
- ALL PLAYERS PARTICIPATE. YOUNGER PLAYERS WILL BE MATCHED WITH OLDER PLAYERS.
- PIZZA WILL BE PROVIDED AT THE END OF THE BLAST